



Department of Anaesthesia

Best Practice- Title- Compression Only Life Support (COLS)

1. Objectives of the Practice

Compression only life support was conducted in Medicine OPD, Surgery OPD Area and Reception Area, Symbiosis Medical College for Women from 09/10/23-13/10/23. The main objective to conduct the COLS was to create awareness in patients, relatives and general population regarding compression only life support, its advantages and the need to know the most important lifesaving skill and spread awareness regarding COLS.

2. The Context

Before conduct of COLS, we scheduled the date and time and coordinated with campus administration and concerned authorities of the hospital.

3. The Practice

Patients, relatives and general population were present in large numbers in waiting area and reception. It was easy to give information as per group. Identify the period arrest situation, scenes safety, how to give compression, rate and depth of compression was demonstrated to the population. Volunteers amongst the population were asked to perform COLS on the mannequin.

4. Evidence of Success

After the demonstration and explaining the importance of COLS, many volunteers said now they are more confident of handling the situation as now they are more aware and have the necessary information. Participants said they will recommend others also to learn this skill.

5. Problems Encountered and Resources Required

To conduct COLS, we arranged necessary mannequin, arranged staffs to mobilize people towards designated area. We had displayed regarding the training program in our television also. We conducted the camp for one-week duration so that information reaches to maximum number of people.

6. Notes (Optional)



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Founder: Prof. Dr. S. B. Mujumdar, M. Sc., Ph. D. (Awarded Padma Bhushan and Padma Shri by President of India)



Pune, MH, India
Symbiosis International University, Pune,
411021, MH, India
Lat 18.539757, Long 73.728399
10/09/2023 11:13 AM GMT+05:30
Note : Captured by GPS Map Camera



Pune, MH, India
Symbiosis International University, Pune,
411021, MH, India
Lat 18.539757, Long 73.728399
10/09/2023 11:08 AM GMT+05:30
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